



**John Regier**  
Director/Founder

John Regier, author and conference speaker, pastored for 24 years prior to opening a counseling office in Colorado Springs. He received his BA from Grace College of the Bible and a Master of Divinity from Grace Theological Seminary.

His counseling approach applies Biblical solutions to problems individuals/couples encounter so they can experience the freedom God originally planned for them.

John and his wife, Barb, who accompanies him to conferences, reside in Colorado Springs and have four grown children.

### Personal Testimonies

*"I was introduced to the Caring for the Heart counseling model by a couple who came to our church. Their marriage had been restored and they wanted to work with marriages in our church. I watched the DVD presentation of CFTH and the concepts really resonated in my heart. I began a faith adventure using them to counsel people in our congregation and from the community at large. I was amazed at the positive and lasting results that the Lord produced in the hearts of people as they opened their hearts to receive this biblical counseling. I am extremely grateful to CFTH for sharing what the Lord has shown them. I now have a couple of people here who would like to learn this counseling method as well. As an associate pastor, I am able to spend my time counseling and the counseling load is getting bigger all the time."*

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*"Thank you for allowing the Lord to use you to restore and heal our marriage. He has been so faithful to heal our hearts and allow us to emotionally connect like we never have before."*

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*"Words fail us when we try to express our gratitude for what God has done in our marriage. Our tears have turned to joy and our relationship with each other and with our children has been transformed into a peaceful God-honoring one. God has heard our prayers and has blessed us in every way. Thank you for being an effective tool."*

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*"We can never express our thanks often enough to someone who shared God's love in such a special way. Things changed in our home after our counseling week. Now instead of being upset with each other about 90% of the time, we are blissfully connecting about 100% of the time. What a heavenly blessing and we both love it so much! We want to continue to connect in the years to come. We were sharing with our children here at home what had happened to us. They were wiping tears and forgiving us. The tension level in our home has gone way down and feels so different—God has truly done a miracle, a work of mercy and grace! We have friends praying for us to continue in this new and precious way of living. Thank you so much."*

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*"How can I possibly put into words my gratefulness for all that God has done through you to bless, heal, and enrich my life? The events of the past 10 years have been absolutely incredible. God has taken the list of emotional pain words and has turned them into a page of emotional 'joy' words. I can't begin to describe in words the powerful word pictures that Jesus has given to me to show me that I'm not a failure and how He made my heart come alive after it had been drowned in sorrow and pain for so many years. God has used you to heal my heart."*



## Pastoral Counseling Training

March 19-23, 2012

9-5 daily

Hastings Evangelical  
Free Church

2015 N St Joseph  
Hastings, NE

## Training Seminar for Pastoral, Professional and Lay Counselors

In undergraduate training and in seminary, I was trained in a directive counseling model that focused on telling people what they ought to do to resolve their problems using Scripture to support my directives. I became frustrated with this model because it did not identify the cause of their spiritual problems and only frustrated my clients. I abandoned pastoral counseling altogether as a result.

I came to this position because one day as I was counseling and sharing what a client ought to do, the counselee responded, "Pastor, I am not stupid, I know all that, I just can't do it." After that experience, I decided to stop telling Christians to do what they already know. As a pastor, I had to find another method that would help believers identify their problems, find the cause and then lead them to a Biblical solution to their problem. My frustration was: people know the Scriptures, why can't they live it out in resolving the problems they have?

Two things happened before I could help others with their problems. First, I had to resolve the spiritual issues in my own life. I couldn't help others with their problems until I had resolved my own issues. I needed to resolve issues in two areas of my life.

I also had to find a way to show people how to identify their emotional or spiritual problems and lead them to resolve them.

Through a series of events, God brought me to the Caring for the Heart counseling model. I went for a week of training in Colorado Springs and spent two weeks in an Internship Program observing this method of counseling. I went back to my congregation and began using this Biblically based method and began counseling again.

I watched as God brought folks to freedom emotionally and spiritually.

In the training seminar that Caring for the Heart will present, four couples will share their testimony of how God changed their life through this counseling model. God was able to use me as a Pastor, using these simple Biblical methods to help these couples come to freedom in their personal lives and marriages.

I highly recommend the counseling model of Caring for the Heart for pastoral, professional and lay counselors. Check out their web site: [www.caringfortheheart.com](http://www.caringfortheheart.com). Read their doctrinal statement (A retired Evangelical Free pastor wrote it for CFTH). Then sign up for the counselor training seminar March 19-23, 2012. It is wonderful to see people come to freedom in Christ's power.

In Jesus,  
Greg H. Hubbard

### *Price*

\$75 per person/\$125 per couple

### *Daily Schedule*

Registration 8:30 am (Monday only)

9 - 12 session one

12 - 1:30 lunch break

1:30 - 5 session two

### *Lodging*

On your own

### *Meals*

On your own

## Registration

RSVP by March 9, 2012

(308.234.5400 or [efcamidwest.org](http://efcamidwest.org))

Name \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

My Church \_\_\_\_\_

City, State \_\_\_\_\_

### PAYMENT INFORMATION

Make checks payable to & mail along with registration form to:

Midwest District - EFCA  
218 W 18 St.  
Kearney, NE 68845

Or

Register online and pay by credit card/debit card/PayPal at [www.efcamidwest.org](http://www.efcamidwest.org)  
(at the bottom of the page under Registration)

Direct all inquiries to 308.234.5400